

North Star News

Home of the Shining Stars!

Principal Notes from Ms. Sery

Welcome to spring and the last quarter of the year! Our 3rd-6th grade students are just wrapping up the PEAKS state assessment and we are proud of how hard our students worked during the testing week. Our students demonstrated outstanding stamina and grit working hard to show what they know!

I encourage you to join our PTA and become an active member of the association. The PTA has supported our staff and school in many ways this year and can always use more people to continue this important work. The next meeting is this Tuesday, April 9th from 6-7:30 pm in our library. They will be discussing new board members and our spring fundraiser. Please consider joining us after work to hear all the exciting things that are planned for the rest of this school year and think ahead on to next year. It would be great to see more family members at the meetings to help in making important decisions for our school community!

Just a reminder that returning students can be registered through Q/Zangle ParentConnection for the 2019-20 school year from April 29-August 23, 2019. If you have questions about online registration, please contact us here at school at 742-3800. Although Online Registration will be open through August 23, registering your student early is always appreciated.

Happy Spring!

Ms. Sery



**I am proud to be
a North Star
Student!
We are STARS!
I will...**

Stretch my effort

**Treat others with
kindness**

**Arrive with a
positive attitude**

**Be a....
Resilient learner**

**And....
Search for
solutions!**

**SAVE THE DATE!
PTA MEETING**

**Tuesday, April 9th
North Star Library
6:00 until 7:30 pm
Please join us!**

**SAVE THE DATE!
KINDERGARTEN
ROUND-UP**

**Thursday, April 11th,
at 10:00 am**

**SAVE THE DATE!
FAMILY APPRECIATION
BREAKFAST FOR ALL
NORTH STAR FAMILIES!**

**Thursday, April 25th,
from 8:00-9:00 am
Please Join Us for
Breakfast!**

Notes from Nurse Imelda

Spring allergies may be just an annoyance for a child with mild symptoms. However, severe pollen allergies can affect kids' schoolwork and prevent them from playing outdoors. Symptoms of hay fever usually diminish as children age. The best way to prevent allergy symptoms is to avoid the particular allergen, but at certain times of the year, that may be difficult. To be properly diagnosed, children should see an allergist for medical advice and to discuss allergic triggers.



The Power of Positivity!



No matter who around you is being negative!
Turn it around by being positive.
Put a smile on someone's face.



TEXT MESSAGES

Sign Up and receive text messages from ASD regarding school closures and late busses. You must opt in. They are not automatic. Visit ASD's website to learn more about receiving text messages:
[http://www.asdk12.org/textupdates.](http://www.asdk12.org/textupdates)

Kindergarten Round -up

Is your child starting kindergarten in the Anchorage School District during the 2019-2020 school year?

Please join us at North Star Elementary on Thursday, April 11th, at 10:00 am!

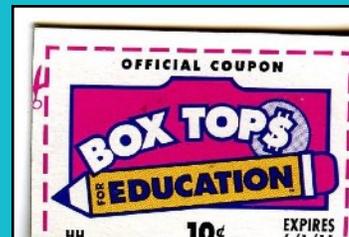
- Learn how to help prepare your child for kindergarten
- Activities to do at home to support kindergarten readiness
- Enrollment information and requirements
- Meet the staff
- Tour the school



Kindergarten Round Up Locations, Dates, and Times Vary Between ASD Elementary Schools.

Box Tops for Education

We are continuing to collect General Mills Box Tops for Education. For each Box Top a student brings in, North Star Elementary receives ten cents. We use the money for supplies for our teachers and students, so please continue to cut out those Box Tops out and send them in. They can be found on boxes of cereal, Ziplock baggies, Progresso soup cans, and many other items in your pantry. Please turn Box Tops into the school office and receive a new pencil of your choice!



School Breakfast and Lunch North Star Cafe

Use the ASD app or visit the school lunch menu online at <https://www.asdk12.org/studentnutrition/> and rate your ASD school meal. Breakfast and lunch is offered FREE for all students enrolled at North Star Elementary. Students enter the building at 8:50 am when the morning bell rings, and have breakfast in their classrooms.



Field Day Surprise/ End of the Year Go Fund Me Project

As the school year draws to a close, we are looking to surprise our students with an extra special end of the year celebration! They have worked incredibly hard to stay focused, diligent, and grow in their academic, behavior, and attendance goals this year. The Go Fund Me funds raised will be used to help purchase a surprise for each student that will be given to them on our field day. The funds will also be used towards our end the year BBQ and other celebratory events. Please visit https://www.gofundme.com/north-star-field-day-celebration?fbclid=IwAR204mPpSQn6hVSDJI95_un17fyyvKmcmm9kjuochSYFp_YWpw7jiBO_XLw for more information. A quick link to the Go Fund Me page can be found on our North Star Facebook page.



North Star Elementary School is on Facebook. Please check out our page and “LIKE” us!

Anchorage School Board

Starr Marsett,
President

Deena Mitchell, Vice
President

Elisa Snelling,
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Alisha Hilde, Clerk

Dave Donley

Andy Holleman

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Deena Bishop

Counselor’s Corner: Notes from Ms. Gho

What is Social and Emotional Learning (SEL)?

Social and Emotional Learning (SEL) involves teaching and facilitating skills that students and adults need to be successful at home, at school, in the workplace, and in life in general. When students and adults have social and emotional skills they are self and socially aware, and have the ability to manage themselves both independently and while interacting with others. They can listen to perspectives of others, use positive communication, be aware of cultural differences, set and achieve goals, and take personal responsibility for their learning.

A Habit of Practice

SEL becomes a habit of practice when students, adults, and the entire school community remember that we use our SEL skills all day long, not just for a 30 minute block once a week. Research and literature on effective social and emotional learning identifies three critical ways in which SEL skills are learned.

How Do We Achieve SEL?

In the Anchorage School District, SEL is achieved in three ways:

- 1) **Climate** - Creating a safe and respectful learning environment, which is well managed, supportive, and engaging with active participation.
- 2) **Direct Instruction** - Using a variety of programs to deliberately teach the SEL skills students need to be successful learners. See the list below for specific program used at North Star.
- 3) **Infusion** - Integrating SEL skills throughout the day and in all curriculum areas through modeling of instructional practices that promote SEL skill practice and maximize learning.

Direct Instruction Programs Used at North Star

SEL Programs currently being used at North Star include:

Second Step, Mind Up Curriculum, Elementary Counselor’s using Kelso’s Choices, Elementary Health/SEL Specialists using Great Body Shop, Zones of Regulation, and Calm Classroom.

More Information can be found at www.asdk12.org/pld/sel

Wishing you well,

Ms. Tufi-Gho

Guidance Counselor

Attendance Tips For Parents

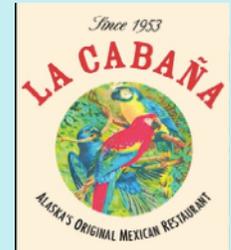
Let Children Know that Good Attendance Is Important:

- Attendance is a parent and student responsibility. Let your child know that you think attending school daily is important. Show them you are interested in their school activities and tell them that you want them to do well in school.
- Good attendance habits start at an early age. Make sure your child goes to school regularly and on time. This helps them develop a positive view of school and the importance of attendance.
- Become involved in your child's school life and school activities.
- Take an interest in your child's school work.
- Read the school newsletter. Post notes on the refrigerator, or other prominent location, to highlight school activities and important student information.
- Do not provide inappropriate excuses for your child to miss school. Do not let them take time off from school for minor ailments – particularly those which would not prevent you from going to work.
- Don't expect or let older children stay home from school to babysit younger siblings.
- Set good examples and enforce rules. Speak well of the school and support school staff.
- Make a contract with your child to improve his/her attendance. Reward positive improvements.

Establish a Routine:

- Give yourself and children enough time to get ready. Try to refrain from TV on school mornings.
- Provide students their own alarm clock. Teach kids to set and use their own alarm clock or clock radio.
- Set alarm clock 30 minutes earlier for students who need more time to get ready for school.
- Plan ahead the night before: such as identifying and pre-prepping breakfast, have kids choose clothes and shoes the night before, and pack their backpacks with completed work and snacks/water. Parents can prepare for work the night before too.
- Set a regular bedtime schedule. Age should be a factor.
- Get proper rest and go to bed early.
- Have your child go to bed 10 minutes earlier and get up 10 minutes earlier.
- Have kids bathe or shower in the evening.
- Help your child relax before bedtime with a story, instead of the stimulation of television.
- Have schoolwork and lunch ready and laid out and ready to go. Create a special folder for completed assignments.

WE WOULD LIKE TO GIVE A BIG SHOUT OUT AND THANK YOU TO OUR SCHOOL BUSINESS PARTNERS... STARBUCKS, CAFE AMSTERDAM, HOME DEPOT, GREAT HARVEST BREAD COMPANY, ANCHORAGE INTERNATIONAL ROTARY, FIRE STATION #5, LA CABANA, AMERICAN LEGION JACK HENRY POST #1, CARRS, SPENARD ROADHOUSE, SHILOH BAPTIST CHURCH, BRENNA BELL & CLARKSON LAW FIRM, LION'S CLUB, AND WELLS FARGO! IF YOU KNOW OF OTHER BUSINESSES WHO WOULD LIKE TO BE OUR PARTNER, PLEASE LET US KNOW.



6TH GRADE FAMILIES! SONIC BOOM FESTIVAL

Sonic Boom Festival is Thursday, May 2nd, at the Sullivan Arena. All 6th grade band and orchestra students will participate in this event - you will not want to miss it!

Time: Students arrive at 6:00 pm for seating, tuning, and rehearsal.

The Concert begins at 7:30 pm.

Dress: light or white tops, dark or black bottoms.

Try to car pool if you can, as there are a lot of families participating. Questions...please contact: Band - Mr. Kordik: kordik_james@asdk12.org or Orchestra - Ms. Jamieson: jamieson_mari@asdk12.org



6th Grade School Band and Orchestra Concert

Date and Time: Thursday, May 16th from 10:00-10:30 am

Location: North Star Elementary Gym

Dress: Light or white tops, dark or black bottoms.

Hope to see you there!



ASD Preschool

North Star Elementary



Apply Online!
www.asdk12.org/preschool/gened

Benefits for children:

- Express thoughts and feelings
- Increased self-confidence
- Positive relationships with others
- Develop literacy and math skills

Program Details:

Program Times:
TBA

- Child must be 4 years old by Sept. 1, 2019
- Transportation may be provided
- No fees
- Preference given to neighborhood families



Anchorage School District
Educating All Students for Success in Life

ASD Preschool Programs
www.asdk12.org/preschool

For additional information or questions, contact
Chelsea Mauro, ASD Preschool Director, at 742-4140.

Anchorage School District
North Star Elementary Preschool
742-3800

Apply online!
www.asdk12.org/preschool/gened



TALENT SHOW
EVENT:
North Star's Got Talent
DATE: Friday,
May 10th, 2019
TIME: 2:00 pm.

We are proud of the variety of talents our students have and we invite you to come join us and see those talents in action! Hope to see you there!



Student Cell Phone Policy from the ASD Student Handbook

A student may possess a cellular phone or other electronic communication device in school, on school property, at after school activities, and at school-related functions as long as such activity does not interfere with educational processes or safety/security. As a condition of this permission, the student assumes all risk of loss, damage or theft of the cell phone. Elementary and middle school students (grades K-8) are permitted to use cellular phones only before and after school. Cellular phones must remain off and put away at all other times during the school day. Exceptions may be made in special circumstances with prior approval from the principal or designee. A student may not use a cellular phone at any time if disruptive of other students' instructional time. During school and school-sponsored activities, students will comply with administrative or staff member directives relating to the use of cell phones.

Prohibited Conduct:

Possession of a cell phone by a student is a privilege, which may be forfeited by any student who fails to abide by the terms of this policy, or otherwise engages in misuse of the device so as to violate the law or any other school or District rule. In addition to those conduct rules set forth elsewhere, the following violations may result in disciplinary action:

1. Accessing and/or viewing an internet site that is otherwise blocked to students at school.
 2. Sending an email, text message or other communication that harasses, intimidates, threatens, bullies, or discriminates against another individual.
 3. Using a camera device at school or a school-sponsored event to take, send, download or upload a harassing, threatening, or embarrassing photograph of anyone.
 4. Using a camera in a restroom, dressing room, or locker room.
 5. Using a camera or other recording device to record or capture the content of tests, assessments, homework, or classwork without express prior permission from the instructor.
 6. Using a cell phone in a manner that could cause damage to an individual or the school community or create the danger of disruption of the academic environment. The contents of a cellular phone or camera may be searched to determine ownership, to identify emergency contacts, or upon reasonable suspicion that a school or District rule or the law has been violated. A cell phone that has been confiscated and not turned over to law enforcement will be released/returned to the parent/guardian when no longer necessary for investigation or disciplinary proceedings. As appropriate, the cell phone may be returned directly to the student.
- (Cell Phone/ECDs Section Revised 6/23/08, 5/20/13)

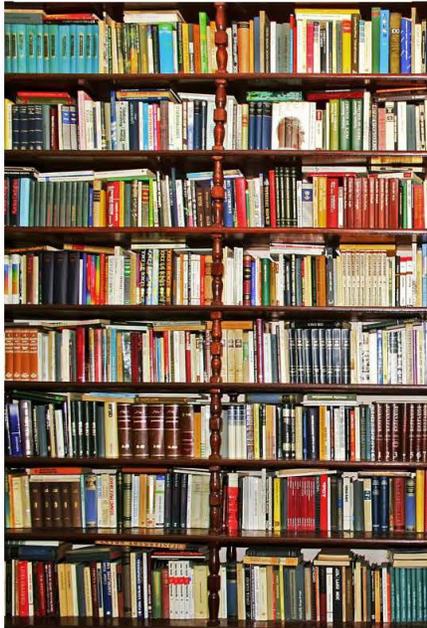


Why Can't I Skip My 20 Minutes of Reading Tonight?

Student "A" reads 20 minutes each day.

3600 minutes in a school year.

1,800,000 Words



Student "B" reads 5 minutes each day.

900 minutes in a school year.

282,000 Words



Student "C" reads 1 minute each day.

180 minutes in a school year.

8,000 Words



Between Year 7 and 11, student A will have read for the equivalent of 60 school days, student B 3 school days and student C only 1/2 a school day. Which student will have the better vocabulary? Which student do you think will achieve better GCSE grades? And in future life....? Please support progress by ensuring your child always has a reading book in school and that they read regularly at home.....

For details of suitable books for children of different ages please see our website.

CONFIDENTLY BEAUTIFUL



MISS USA SENDOFF PARTY

**COMMUNITY SEND OFF
TO WISH JOELLEN
WALTERS LUCK AS SHE
REPRESENTS ALASKA
AT MISS USA!**



THURSDAY, APRIL 11
AT NORTH STAR ELEMENTARY
6PM - 7:30PM
LIGHT REFRESHMENTS

WATCH MISS USA MAY 2ND, 8PM EST ON FOX

BOX TOPS FOR EDUCATION

TIME FOR A BOX TOPS PICNIC!

Thank you for helping! Clipped Box Tops are each worth 10¢ for your child's school. Bonus certificates should not be attached to this sheet - please submit them separately. To see more ways to earn cash for your child's school, go to BTFE.com. See more collection sheets at BTFE.com/collectionsheets.

©General Mills

North Star Big Spring Event
Community Garage and Used Book Sale!
Saturday, April 27th,
from 10:00 am until 3:30 pm

Questions, please contact Sheryl at 742-3800. Donations accepted before and during the event for Value Village FUNDrive Fundraiser.

**North Star PTA
 Big Spring Event
 Come Shopping**

Inside no matter the weather!



**Community
 Yard
 Sale**

Used



Spring Clean Up

Orange bags & gloves available

**North Star
 605 W Fireweed Lane**

**Saturday, April 27, 2019
 10:00 AM to 3:30 PM**

**Join Us For Spring Clean Up
 Saturday, April 27**

10:00 – 2:00

Orange Clean Up bags & gloves available

**Lets Clean Up North Star
 and Anchorage**

Students returning with full bags of
 trash will be entered to win a prize

Hey Neighbor: It is Spring!

**Want to clean out your
 closets. You can donate to
 North Star PTA because we
 have teamed up with Value
 Village's FUNDrive program
 and will be taking donations to
 them after our event ends.**

**All items must be in good,
 clean, and sellable condition.**

We accept, clothing, shoes, textiles
 like towels, bedding, blankets,
 pillows, tablecloths, curtains, other
 items, hats, ties, purses, bags, toys,
 games, kitchen items, knick-knacks,
 books, CD/DVD's Please drop
 off on Saturday by 3 PM

WANTED: VOLUNTEERS

North Star PTA Big Spring Event Community Garage Sale Used Book Sale Spring Clean Up Saturday, April 27, 2019

Printed Name _____ Phone _____

Email address _____

Children @ North Star _____

Please let us know how you can help, if you have questions call Sheryl 742-3800

Please check all that apply. We ask that people who volunteer will be willing to work at least a 2 hour shift.

We will be calling or emailing all that sign up below to help with more information.

- _____ Week before helping to hand out flyers or put up posters
- _____ Friday, April 26 at 6-8 pm and help with set up of used books
- _____ 8:00 am on Saturday and help with set up and checking in of vendors
- Work the used book sale from 10:00 to 12:00 _____ 12:00 to 2:00 _____ 2:00 to 4:00 _____
- Work the Spring clean up area outside handing out bags 10:00 to 12:00 _____ 12:00 to 2:00 _____
- Work and accept & sort community donations for the FUNDrive with Value Village
- 10:00 to 12:00 _____ 12:00 to 2:00 _____ 2:00 to 4:00 _____
- _____ Help with clean up starting at 3:30 pm
- _____ Help on Sunday to organize and load donations for Value Village 3:00
- _____ I have a vehicle that can be used to haul donations 3:00 (Our firm drop off time is 4:30)

WANTED:

Garage Sale Vendors

Clean out the house and come earn some extra \$\$\$

North Star PTA Fund-Raiser Spring Event

After the event leave your items for North Star PTA to continue to earn funds through FUNDrive with Value Village (we are not able to accept furniture)

Saturday, April 27, 2019

10:00 am to 3:30 pm

Please complete this form, If you have questions, call Sheryl Morrison @ 742-3800
Mail or drop off completed form with payment to 605 W Fireweed Lane Anchorage Alaska 99503 .
Make checks payable to North Star PTA

Printed Name _____

Phone _____ Email _____

Vendor space is \$25

I will need a table I have my own table No table needed

I am interested in leaving items after event.

I am not interested in participating but I have donations to contribute to FUNDrive with Value Village and I will drop them off on or before April 23rd

I would like to volunteer to help at this event from _____ to _____.

Notice of cancellation must be received by Wed. April 24 after that no refunds will be given.

You will be able to set up starting at 8:00 AM.

We are not set up to take debit/credit cards. Checks or Cash only.

| Date paid | Amount | How paid | Notes |
|-----------|--------|----------|-------|
|-----------|--------|----------|-------|